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Gusty westerly winds prompt health caution *Potential elevated PM10 poses health concern valley-wide*

Blowing dust as a result of gusty winds has prompted local air pollution officials to issue a health cautionary statement effective Monday afternoon through late Monday night throughout the eight-county air basin: **San Joaquin, Stanislaus, Merced, Madera, Fresno, Kings, Tulare and the Valley portion of Kern counties.**

A strong, dry, cold front is moving through the Valley this afternoon, producing gusty winds that will cause localized blowing dust, which can result in unhealthy concentrations of particulate matter 10 microns and smaller (PM10). Exposure to particulate pollution can cause serious health problems, aggravate lung disease, trigger asthma attacks and bronchitis, and increase risk of respiratory infections.

Where conditions warrant, people with heart or lung disease should follow their doctors' advice for dealing with episodes of particulate exposure. Additionally, older adults and children should avoid prolonged exposure or heavy exertion, depending on their local conditions.

For more information, visit www.valleyair.org or call a District office in Fresno (559-230-6000), Modesto (209-557-6400) or Bakersfield (661-392-5500).