

NEWS Release



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Gusty winds prompt health caution

The potential for blowing dust as a result of gusty winds has prompted local air pollution officials to issue a health cautionary statement for Tuesday evening in **Kings and Kern Counties**.

A low pressure system is moving into the region that will likely produce strong winds that will cause localized blowing dust in the southern and western Valley where soils are exceptionally dry—creating unhealthy concentrations of particulate matter 10 microns and smaller (PM10). Exposure to particulate pollution can cause serious health problems, aggravate lung disease, trigger asthma attacks and bronchitis, and increase risk of respiratory infections.

Where conditions warrant, people with heart or lung disease should follow their doctors' advice for dealing with episodes of particulate exposure. Additionally, older adults and children should avoid prolonged exposure or heavy exertion, depending on their local conditions.

For more information, visit <u>www.valleyair.org</u> or call a District office in Fresno (559-230-6000), Modesto (209-557-6400) or Bakersfield (661-392-5500).