Health caution through tomorrow morning for dust

Gusty winds stir up particulates in Fresno, Kings, Tulare, and the Valley portion of Kern counties

Blowing dust as a result of gusty winds have prompted local air-pollution officials to issue a healthy cautionary statement through Monday morning, June 16, 2014. The health caution is in effect in the following counties: Fresno, Kings, Tulare, and the Valley portion of Kern Counties.

Winds may produce areas of localized blowing dust, which can result in unhealthy concentrations of particulate matter 10 microns and smaller (PM10). Exposure to particulate pollution can cause serious health problems, aggravate lung disease, trigger asthma attacks and bronchitis, and increase risk of respiratory infections.

Where conditions warrant, people with heart or lung disease should follow their doctors’ advice for dealing with episodes of particulate exposure. Additionally, older adults and children should avoid prolonged exposure or heavy exertion, depending on their local conditions.

Residents can check the nearest air monitor to their location to determine localized conditions. Visit the Real-time Air Advisory Network page on the District’s website to subscribe for free: http://www.valleyair.org/Programs/RAAN/raan_landing.htm.

For more information, visit www.valleyair.org or call a District office in Fresno (559-230-6000), Modesto (209-557-6400) or Bakersfield (661-392-5500).